



The Quarter Note

Summer 2021

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PRESIDENT'S MESSAGE

Rita Raymond-Millett, President NBRMTA

Greetings to all the membership,

Welcome back to the 2021-2022 teaching year.

Although the past year and a half has been challenging, I am sure that we all have surprised ourselves with how we could adapt to have positive experiences for our students. We will continue to use these new skills to keep our studios safe in the future.

Personally, I am looking forward to the return of performing and festivals.

After two delayed in person conventions, we are planning a belated 60th anniversary celebration with concert and workshops the weekend of June 17-18, 2022, in Fredericton. The executive is here for you if you have any questions, concerns about anything! Please feel free to reach out anytime.

NBRMTA President,
Rita Raymond-Millett

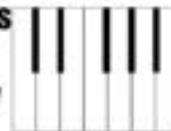
Articles or ideas for The Quarter Note Newsletter are welcomed!

Deadline for the next newsletter is December 15, 2021.

Please email ideas and/or articles to:

editor@nbrmta.com

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when I'm
trying to play
them**



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MARK THESE DATES:

If you have any dates for events that you would like to share with members at any time of the year, please send information to:

webmaster@nbrmta.com



DEADLINES

November 21—27, 2021: Canada Music Week <https://www.cfmta.org/en/cmw/>

March 1, 2022: CFMTA Call for Compositions
<https://www.cfmta.org/en/call-for-compositions/>

March 31, 2022: Branching Out Initiative: Celebrating Multiculturalism and Diversity in our Communities.

<https://www.cfmta.org/en/branching-out/>

June 17 & 18, 2022: NBRMTA 60th Anniversary Celebration, Lecture/Recital, Conference and Annual General Meeting in Fredericton, NB. **Mark Your Calendars Right Away!**

December 15, 2021: Deadline to submit articles for the January 2022 NBRMTA Quarter Note Newsletter to editor@nbrmta.com





Tony's Music Box Ltd. is a family owned and operated retail music store which was established in 1975. Tony's has earned the reputation for providing a very friendly environment and a staff that is very honest and knowledgeable. We pride ourselves on premium customer service. We represent a wide variety of quality product lines for many instrument and audio categories including a large selection of instructional and songbook material. We provide rentals and in-store repairs for guitars and other stringed instruments.

Tony George opened Tony's Music Box Ltd. in 1975, along side his wife Rosemarie (who managed all office duties). They worked as a team until her illness in 1998, which resulted in her passing in 2002. Although Tony has stepped down over the past few years, he always loved going to work, dealing with the public and suppliers alike. Providing musicians with their needs and seeing the enjoyment they received from participating in music gave him great pleasure.



NBRMTA's 60th Anniversary Celebration and AGM

We are thrilled to be able to state with a large degree of certainty that the third time trying to provide a 60th anniversary celebration, lecture/recital, workshops and Annual General Meeting in person is going to happen in 2022!

Please save the date of Saturday, June 17 & 18, 2022 now!

Friday evening, June 17th, 2022 at Christ Church Parish Church in Fredericton, NB will be a lecture/recital with Edmund Dawe.

Saturday morning, June 18, 2022, also at Christ Church Parish Church in Fredericton, NB will be workshops with both Karla and Edmund Dawe.

There will then be a cake and time of celebration of the more than 60 years of music teaching excellence that the New Brunswick Registered Music Teachers' Association has helped bring to the province.

Immediately following will be the Annual General Meeting.

Details of the events of the weekend will be distributed as the time approaches, but please do mark this extra special event in your calendars now!



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EXAMINATIONS: Late May – Early June

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News from the CFMTA

The new CFMTA president is Laura Gray from Ontario, and the new vice president is Kimerica Parr from Alberta. They are both hard working and innovative and we look forward to seeing what they can achieve in our organization.

The delegates have added a mid-year meeting in February to take care of business and hopefully make the July meeting shorter.

The decision was made to continue to use Zoom meetings as an option and only travel for AEM meetings in conference years.

Members and branches are encouraged to plan events and access items available for purchase for Canada Music Week (November 21-27,2021) via the CFMTA website at: <https://www.cfmta.org/en/canada-music-week-supplies/>

A reminder that the Branching Out initiative is "Celebrating Musical Multiculturalism and Diversity". CFMTA will donate \$100 to each branch that hosts an event by March 15,2022. Applications and details are available at <https://www.cfmta.org/en/branching-out/>

With all the positive feedback from the attendees, the decision was made to have a Virtual Professional Development on July 8 and 9,2022: Choosing Change: The Post-Pandemic Music Studio. Updates will be posted on the CFMTA website and in the monthly Of Note.

The amazing performances from the CFMTA Virtual Piano and Voice semi-final and final rounds are still available for viewing at cfmta.org. I encourage you to watch them and share with your students.

For those that may not be aware, the Canadian Music Teacher Magazine is now available online through the CFMTA Website. Located near the top of every page on the CFMTA website, between the tabs and the page content, you can access the magazine page directly using this address: <https://www.cfmta.org/en/canadian-music-teacher-magazine/>

Respectfully submitted,
Rita Raymond-Millett, President



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People

- Strong sense of community among students, faculty and staff
- Strength of **one-on-one** teaching and mentoring
- Beautiful campus
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For Teachers: Teachers As Life Long Learners

by Regina Zona, Published August 12, 2013 <http://musiclessonsresource.com/for-teachers-teachers-as-life-long-learners>



You may have been teaching for a very long time. You may just be starting out. But one thing is absolutely true. If you want to be an effective teacher, you owe it to yourself and your students to be a life-long learner. The pedagogy of your instrument may not change but educational strategies do. This is not just true in the classroom. It is also important in the teaching studio. Teachers as life-long learners have the most to offer their students. In this article I'll give you a couple of ideas to get back to thinking like a student again and why that is important.

Take A Private Lesson

When was the last time you took a private lesson yourself? You may no longer perform or even practice but that doesn't matter. When you take a private lesson, you avail yourself to so many new things. You are reminded of some technical issues that you haven't addressed or thought to address in a while. You hear someone else's language on how to explain a particular pedagogical issue which can stimulate your thinking. You have someone else's ears to give you another perspective. When you have that experience, it widens your perspective and knowledge base so that you have more to offer your students. Ultimately your students will grow because you have grown!

Learn Some New Music

When was the last time you picked up a repertoire book and just started sight-reading? We all have our standard rep that we frequently pull from for our students. But doesn't that get boring after a while? I remember when I first started taking voice lessons, my teacher, who was well-advanced in years, gave me "Drink to Me Only With Thine Eyes" which I found out later she gave to every single one of her students. Now I certainly understand how a song as simple as that can offer a good technical foundation, but there are so many other pieces out there that can offer the same things and be more interesting! (No offense intended to those of you who adore that piece!) Pick up a new book and vow to sight-read a new piece every week, or every day. It not only keeps your sight-reading chops up, you find new music to offer your students which will make them happy.

Article continues on next page...

...Continued from page 11...

Attend A Concert That Features An Instrument Other Than Your Own

If you are a pianist, go to a violin recital. If you are a flautist, go to a piano recital. If you are a singer, go to a percussion ensemble concert. But here is the important point: go to these concerts not to criticize but to actively learn something. Pay attention to how these musicians make music, use their technical facility, program their concert, etc. Remember in music school when we were all required to attend a certain numbers of concerts each semester and we received a grade for it? This was the purpose of attending all those concerts: to LEARN something! So now you are not doing it for a grade. You are doing it to expand your ideas about music and performance and you are doing it to stimulate your brain. Because the more stimulated you are about music, the more you will be able to offer to your students.

Write An Article On Pedagogy or Repertoire

Commit to writing a scholarly article for a peer-reviewed publication, or a newsletter from one of your professional organizations or even an authority website or forum (like Music Lessons Resource!). When you write an article, you may be required to do some research which gets you expanding your knowledge of your instrument or of teaching. If no research is required for the subject you are addressing, writing extensively about a particular concept requires you to really think about all aspects of that issue and it stimulates your thought process. You might fall onto something that you hadn't thought about before or hadn't communicated it that way before. Your students will benefit from that.

Whatever You Do, DO SOMETHING

If you have ever had a tenure-track teaching job in higher education, they require you to take part in professional development – research, performance, attendance at conferences, etc. – as part of your evaluation for tenure. While sometimes it seems like the pressure they place on professional development takes away from your actual teaching in these institutions, it forces you to continue to grow as an educator. Learn from this. Commit to doing something this week or this month to expand your horizons. Learn something new! Review something old. Just do something! Your students will love you for it!



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SAVE YOUR VOICE, TEACHERS!

by Christ Beatty, Published June 2013 <https://www.vocalcoach.com/save-your-voice-teachers/>



August, September and October can be vocally challenging times for teachers. As your vocal use increases so do some very common challenges like vocal fatigue and even laryngitis. Most of these problems can be completely eliminated by starting to warm-up and workout your voice NOW. Even if you're not a singer I suggest you begin your day with your vocal check list:

1. Lift your hands over your head to find your best, upright, balanced posture. Maintain that posture throughout the day with shoulders relaxed, a slightly long back of the neck and shorter front of the neck to keep from "goose necking."
2. Do several breathing exercises to remind the respiratory muscles just what they need to be doing. If convenient, get on the floor on your hands and knees with a straight back. Then breathe in using a sipping sound and out using a hiss. Sip sip sip sip hiss hiss hiss hiss etc. Vary the number and speed of sips and hisses to keep it challenging.
3. Now standing, re-check your posture with hands lifted. Slowly lower the arms while doing the sip/hiss exercises.

Do some simple humming, focusing on the buzzing, vibrating sensations in the face, head and neck. As you are able to maintain posture, low breathing and buzzing resonance in your "speaker cabinet" your voice will project better with less work leaving you vocally healthy after even a busy week of teaching.

NBRMTA Yearly Deadline Calendar

Newsletter

Submission deadlines

August 15
December 15
March 15

Publication dates

August 15
January 15
April 15

Community Volunteer Award for students

Dates to send in accumulated points for certificates: May 1 and October 1 of each year

Memorial Scholarship

Fredericton	2001	2005	2012	2015
Moncton	2002	2004	2006	2016
Sackville	2003	2007	2013	
Saint John	2004	2008	2017	
Victoria County	2009			
Carleton County	2010			
Festival of Musical Arts	2011			

CFMTA Magazine submissions

Winter Edition: Submission deadline – December 1

Publication – January

Spring Edition: Submission deadline – April 1

Publication – May

Canada Music Week Edition: Submission deadline – August 15

Publication – September

Submitted by: 1st Delegate

CFMTA Piano Competitions (biennial)

Regina		July 2011
Halifax (Piano and Voice)		July 2013
Vancouver		July 2015
Baltimore, Maryland (CFMTA/MTNA Commemorative Conference)	March 2017 (Vocal Competition also)	
Winnipeg		July 2019
Edmonton (TO BE HELD VIRTUALLY)	July 2021 (Vocal Competition also)	

Young Artist Competitions – (biennial)

Sackville 2006	Dieppe 2008	Sackville 2010
Sackville 2012	Sackville 2014	Sackville 2016
Sackville 2018	Sackville 2020 - Cancelled due to Covid-19	

NBRMTA Music Competition (biennial)

Dieppe 2008	Moncton 2015	Woodstock 2010
Fredericton 2016	Fredericton 2012	Virtual 2018

Annual General Meeting, Conference and 60th Anniversary Celebration

June 17 & 18, 2022, Fredericton, New Brunswick

**New Brunswick Registered Music Teachers' Association
Provincial Executive and Council
2021-2022**

EXECUTIVE

President, first delegate to CMFTA and Archivist: president@nbrmta.com	Rita Raymond-Millett	Quispamsis, NB
Vice President, Second Delegate to CFMTA and Advertising: vicepresident@nbrmta.com	Lynn Johnson	Sackville, NB
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Webmaster and Quarter Note Editor: webmaster@nbrmta.com OR editor@nbrmta.com	Terri-Lynn McNichol	Saint John, NB

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AYA Co-Convenor: srunge@mta.ca	Stephen Runge	Sackville, NB
Student Composer Competition Convenor: christian@nbrmta.com	Christian Berube	Fredericton, NB